

BRACKENFELL ACTION SPORTS
NEXTGEN ACTION NETBALL
SPRING LEAGUE 2026



ACTION NETBALL: UNDER 08 TO UNDER 19

NEXTGEN

www.brackenfellarena.co.za

INFORMATION
BOOKLET
NEXTGEN
ACTION NETBALL
UNDER 08 TO UNDER 19



ACTION NETBALL



CONTENTS:	
ACTION NETBALL NEXTGEN SPRING LEAGUE 2026	2
NEXTGEN SPRING LEAGUE DIVISION SPLIT SUMMARY	2
MINI LEAGUE (AGES 08 & 09)	2
LITTLE LEAGUE (AGES 10 TO 14)	3
JUNIOR LEAGUE (AGES 15 TO 19)	3
DAYS AND TIMES YOUR TEAM WILL PLAY	4
MINI LEAGUE	4
LITTLE LEAGUE	4
JUNIOR LEAGUE	4
ESTIMATED DATES: (subject to change)	4
ESTIMATED DATES (2026):	4
ESTIMATED COSTS	5
MINI LEAGUE:	5
LITTLE LEAGUE:	5
JUNIOR LEAGUE:	5
CANCELLATIONS/FORFEITS/NO SHOWS	5
FORFEIT LIMIT: STRICTLY ONE	6
SPECIAL REQUESTS	6
TEAM CAPTAINS/ORGANIZERS	6
DRESS CODE	7
WHATSAPP COMMUNICATION:	7
BRACKENFELL ACTION NETBALL WHATSAPP CONTACTS	7
Primary Action Netball WhatsApp	7
Secondary Action Netball WhatsApp	7
OFFICIAL NEXTGEN LEAGUE WHATSAPP CHANNEL	7
WEEKLY FIXTURE CONFIRMATION	7
FIXTURES	8
WITHDRAWAL FROM THE LEAGUE:	9
TEAM CLASHES	9
PLAYER QUALIFICATION	9



BOY(MALE) PLAYERS AND MIXED TEAMS	10
SPAWTZ WEBSITE:	10
ACTION SPORTS APP:	10
EQUIPMENT	10
BEFORE EACH GAME	11
POINTS SYSTEM	11
“FRIENDLY” LEAGUE MATCHES	11
JOIN OUR NEW NEXTGEN ACTION NETBALL RINGERS GROUP	12
UMPIRES:	13
BANKING DETAILS:	14
FORMAT FOR FINALS	15
VISIT OUR WEBSITE TO ENTER YOUR TEAM:	16

BRACKENFELL ACTION SPORTS:

ACTION NETBALL NEXTGEN SPRING LEAGUE 2026

The philosophy of ACTION NETBALL BRACKENFELL is to provide a healthy environment where you and your team of friends, family and work colleagues can play social sport and have fun together while enjoying the comforts of an indoor space and the benefits of professional management. **OUR BUSINESS IS YOUR FUN**

NEXTGEN SPRING LEAGUE DIVISION SPLIT SUMMARY

MINI LEAGUE (AGES 08 & 09)

For our youngest netball enthusiasts, the Mini League is all about fun, movement, and learning the basics.

- Who plays? Players under 08 (born 2017 and younger) and under 09 (born 2016).
- When do we play?
 - Monday afternoons: Games start at 17:30.
 - Tuesday afternoons: Games start at 16:00
- Game format: 10-minute halves with a 2-minute halftime break.
 - Mini League will play with a shortened post (2.66m)
- Cost: R420 per team per match (R60 per player)
- One male(boy) player is allowed on the court at any given time.



LITTLE LEAGUE (AGES 10 TO 14)

Little League focuses on competitive play, teamwork, and passion.

- Who plays? Players under 10 to under 14 (born 2011–2015).
- When do we play?
 - Tuesday afternoons: Under 10, Under 11, and Under 12 games at 16:00, 16:40, and 17:20.
 - Wednesday afternoons: Under 12 and Under 13 games at 16:00, 16:40, and 17:20.
 - Friday afternoons: Under 13 and Under 14 games at 16:00, 16:40, and 17:20.
- Game format: 15-minute halves with a 1:30-minute halftime break.
 - Little League will play with a standard netball post (3.05m)
- Cost: R455 per team per match (R65 per player)
- One male(boy) player is allowed on the court at any given time.

JUNIOR LEAGUE (AGES 15 TO 19)

For our older players, the Junior League takes the game to the next level with competitive matches and advanced gameplay.

- Who plays? Players under 15 to under 19 (born 2010–2006).
- When do we play?
 - Friday afternoons/evenings:
 - Under 15 and Under 16 games: 16:40, 17:20, 18:00, 18:35, 19:10, and 19:45.
 - Under 16 and Under 19 games: 18:00, 18:35, 19:10, 19:45, 20:20, and 20:55.
- Game format: 15-minute halves with a 1:30-minute halftime break.
- Cost: R490 per team per match (R70 per player)
- No male players are allowed to compete in the normal junior league but there is a specific mixed league where all male players between the ages of 15 to 19 can partake.

ALL PLAYERS NEED TO BE IN THE RIGHT-AGE GROUPS NO TEAM CAN USE OLDER PLAYERS IN THE LEAGUE. WHEN AN OLDER PLAYER IS USED IN A MATCH IT WILL RESULT IN IMMEDIATE DISQUALIFICATION FOR THE GAME AND FORFEIT POINT WILL BE AWARDED TO THE OTHER TEAM.

ALL TEAM ORGANIZERS/COACHES NEED TO BE ABLE TO SUPPLY PROOF OF AGE (BIRTH CERTIFICATES OR IDS FOR ALL PLAYERS IN THEIR TEAM)



ENCOURAGED TO HAVE AMPLE SUBSTITUTE PLAYERS AS TEAM CLASHES ARE NOT TAKEN INTO CONSIDERATION FOR LITTLE LEAGUE & JUNIOR TEAMS.

DAYS AND TIMES YOUR TEAM WILL PLAY

This is subject to change depending on league entries

MINI LEAGUE

Monday afternoons: Games start at 17:30

Tuesday afternoons: Games start at 16:00

LITTLE LEAGUE

Tuesday afternoons: Under 10, Under 11, and Under 12 games at 16:00, 16:40, and 17:20.

Wednesday afternoons: Under 12 and Under 13 games at 16:00, 16:40, and 17:20.

Friday afternoons: Under 13 and Under 14 games at 16:00, 16:40, and 17:20.

JUNIOR LEAGUE

Friday afternoons/evenings:

Under 15 and Under 16 games: 16:40, 17:20, 18:00, 18:35, 19:10, and 19:45.

Under 16 and Under 19 games: 18:00, 18:35, 19:10, 19:45, 20:20, and 20:55.

ESTIMATED DATES: (subject to change)

The NextGen SPRING LEAGUE will be a 15-week season starting 28 July 2026 to 06 December 2026.

ESTIMATED DATES (2026):

27 JULY – 31 JULY	GRADING WEEK
03 AUGUST – 07 AUGUST	WEEK 01
11 AUGUST – 14 AUGUST	WEEK 02
17 AUGUST – 21 AUGUST	WEEK 03
LEAGUE REGRADE	
24 AUGUST – 28 AUGUST	WEEK 04
31 AUGUST – 04 SEPTEMBER	WEEK 05
07 SEPTEMBER – 11 SEPTEMBER	WEEK 06
14 SEPTEMBER – 18 SEPTEMBER	WEEK 07
21 SEPTEMBER – 23 SEPTEMBER	WEEK 08
SCHOOL HOLIDAY BREAK	
05 OCTOBER – 09 OCTOBER	WEEK 09 CONTINUED
12 OCTOBER – 16 OCTOBER	WEEK 10
19 OCTOBER – 23 OCTOBER	WEEK 11
26 OCTOBER – 30 OCTOBER	WEEK 12
02 NOVEMBER – 06 NOVEMBER	WEEK 13
09 NOVEMBER – 13 NOVEMBER	WEEK 14



16 NOVEMBER – 20 NOVEMBER	WEEK 15
23 NOVEMBER – 27 NOVEMBER	PRELIMS
30 NOVEMBER – 02 DECEMBER	SEMIES
SUNDAY 06 DECEMBER 2026	GRAND FINALS

ESTIMATED COSTS

MINI LEAGUE:

COST PER MATCH	R420 (R60 per player)
Registration (to be paid by the 3 th week of league games)	R420
Grading Game	R420
15 League Games	R6300
Pre-Lims, Semi-Finals and Finals (3 games)	R1260
TOTAL COST:	R8400

LITTLE LEAGUE:

COST PER MATCH	R455 (R65 per player)
Registration (to be paid by the 3 th week of league games)	R455
Grading Game	R455
15 League Games	R6825
Pre-Lims, Semi-Finals and Finals (3 games)	R1365
TOTAL COST:	R9100

JUNIOR LEAGUE:

COST PER MATCH	R490 (R70 per player)
Registration (to be paid by the 3 th week of league games)	R490
Grading Game	R490
15 League Games	R7350
Pre-Lims, Semi-Finals and Finals (3 games)	R1470
TOTAL COST:	R9800

NO TEAM WILL BE ALLOWED TO PLAY ANY PRELIMS, SEMI-FINALS OR FINALS UNLESS PAYMENT OF ALL GAME FEES IS PAID.

CANCELLATIONS/FORFEITS/NO SHOWS



We are committed to running a professional and competitive NEXTGEN league. To ensure fairness and protect the integrity of the fixture list, the following rules will apply without exception:

- **NO CANCELLATIONS** will be accepted once fixtures have been released. All teams are expected to honor their scheduled games.
- Cancellations on the day of the match will not be accepted. Any team cancelling on the day will be liable to pay the full court fee immediately and will not be re-fixtured until payment is received.
- **NO SHOWS** (failing to pitch without prior notice) will be treated as a forfeit and the team will be charged the full court fee, and the match will be recorded as a 0-point forfeit.

FORFEIT LIMIT: STRICTLY ONE

Each team is allowed ONE forfeit per season (with or without notice).

A second forfeit will incur a full game fee fine and may lead to the team being removed from the league.

Repeated forfeits negatively affect all participating teams and will not be tolerated.

SPECIAL REQUESTS

If your team cannot play in a specific week (e.g. due to school events or holidays), you must notify us by the Wednesday before the next round of fixtures. No changes will be made after that deadline.

TEAM CAPTAINS/ORGANIZERS

Team captains/organizers are responsible for the following administrative duties:

- Ensuring all team payments are up to date and made on the evening of the game.
- Confirming the fixtures weekly via WhatsApp by Monday afternoons.
- Ensuring all players adhere to the rules, particularly regarding the social and competitive split.
- Informing the Brackenfell Action Netball team by the Wednesdays prior to the following week's fixtures if the team cannot attend a scheduled game.
- Overseeing team and player conduct on the court, maintaining the spirit of the game.
- Handling all team communication with the Brackenfell Action Netball team.
- Adding a vice captain/organizer to the broadcast list to receive fixtures and communicate on behalf of the team if the primary organizer is unavailable.
- **All team captains/organizers will need to be 18 years or older.**



DRESS CODE

- Please note that only shoes with non-marking soles are allowed; hiking boots are not permitted.
- Caps are not allowed while playing netball.
- You may wear a fitness watch or monitor, but it must be covered by a sweatband.
- Nails must be short. Players with longer nails must wear gloves or tape their nails, as determined by the on-court umpire.
- Teams are encouraged to bring their own bibs.
- Sport braces are allowed but no braces with metal reinforcements are allowed.

WHATSAPP COMMUNICATION:

BRACKENFELL ACTION NETBALL WHATSAPP CONTACTS

To ensure quick and effective communication,
our primary method of communication is via WhatsApp.

Please save the following numbers to your phone:

Primary Action Netball WhatsApp

071 481 9911 (Krynauw)

Secondary Action Netball WhatsApp

076 060 6625 (Izzy)



OFFICIAL NEXTGEN LEAGUE WHATSAPP CHANNEL

All league announcements, fixture updates, important notices, reminders, and general information will be shared on our **Official NEXTGEN League WhatsApp Channel**.

All team organizers and coaches are encouraged to join using the link below:

<https://whatsapp.com/channel/0029VbDHi9JBVJI7OLDamp2o>

If your team has an additional organizer or coach, they are also welcome to join the channel to stay informed.

WEEKLY FIXTURE CONFIRMATION

Please note that **joining the WhatsApp Channel does not replace your weekly fixture confirmation.**



Team organizers/coaches are still required to confirm their weekly fixtures via our **Primary Action Netball WhatsApp (071 481 9911)** using the following format:

TEAM:

DATE:

TIME:

Please ensure that the Action Netball WhatsApp number (**071 481 9911**) is saved as a contact on your phone. This is essential for receiving our occasional WhatsApp broadcast messages.

As we communicate with a large number of teams throughout the week, there may occasionally be a slight delay in responding to WhatsApp messages. If your enquiry is urgent, please contact the Brackenfell Action Sports office directly on **021 981 6100**.

FIXTURES

Due to large numbers of teams playing at BRACKENFELL ACTION NETBALL fixtures are going to be prepared via computer software and then manually shifted each week.

Please confirm your team's fixture via WhatsApp (071 481 9911) by the Monday afternoons at 15H00.

TEAM:

DATE:

TIME:

TEAMS WHO HAVE NOT CONFIRMED THEIR MATCH BY MONDAY AFTERNOON AT 15:00 WILL FORFEIT 2 LOG POINTS.

If your team needs players, the Arena can supply the names and telephone numbers of players that will be willing to assist your team for a match or even a season. If you're still unsuccessful your team will be liable for the full court fee before the next fixtured game.

Each team is allowed ONE forfeit per season (with or without notice). A second forfeit will incur a full game fee fine and may lead to the team being removed from the league.



If a team **receives** a forfeit during their last round of fixtures, the players can sign the card for qualifying purposes.

WITHDRAWAL FROM THE LEAGUE:

Teams who wish to completely withdraw from the league can do so before the league regrade round.

TEAMS WHO WANT TO WITHDRAW FROM THE LEAGUE AFTER THE REGRADE WILL BE LIABLE FOR THE FULL LEAGUE PAYMENT.

TEAM CLASHES

Due to the large number of teams participating in the NEXTGEN League, **NO TEAM CLASHES** will be taken into consideration when creating the fixtures. Teams must ensure they have ample substitutes available and are strongly discouraged from having players participate in more than one team within the same league.

Additionally, please ensure all players qualify by signing the sign-in cards before each game.

PLAYER QUALIFICATION

In order to qualify for all final rounds a player must have played **(and signed the card)** a minimum of 30% or more of the actual games played during the league period e.g. if your team has played 15 league games – 5 signatures will qualify.

Both teams are asked to sign their registration cards before the start of the playoffs to check whether all players qualify.

If players do not qualify, they **WILL NOT BE ELIGIBLE TO PLAY** finals and if a team is found playing an unqualified player without the prior consent of the opposition captain, they will forfeit their position in the finals.

During PRELIMS, SEMIES and FINALS if a team suspects any unqualified players, they need to bring this to the umpire's attention before or during the match. Once the match has taken place the result is final.

IF ANY FRAUD ON THE CARDS IS INDICATED, WE WILL FORFEIT ALL LEAGUE POINTS FOR THAT MATCH.



BOY(MALE) PLAYERS AND MIXED TEAMS

Mini League & Little League will allow one boy(male) player on court at a time as we do not have a specific mix league but will be looking into this in the future.

Junior League will have a dedicated mixed league.

How to use the male players in a mixed game:

- Mixed teams are allowed a minimum of two men and a maximum of three men
- The positions are divided into thirds: ATTACK, MIDDLE and DEFENSE
- Only one male player is allowed per positional third.
- You can use any positions; you are just not allowed to have more than one male per positional third.

ATTACK THIRD	GA, GS
MIDDLE THIRD	WA, C, WD
DEFENSE THIRD	GD, GK

SPAWTZ WEBSITE:

Please note that the fixtures are adapted on a weekly basis. Therefore, the SPAWTZ website and ACTION SPORTS APP will only be accurate for the next week, and only once the fixtures have been sent out.

Team captains need to make sure they sign the manual score card at the end of the match and confirm that the scores are correct.

Scores will be manually checked and adapted on Thursday's and sign in points will be allocated to teams who have seven or more signatures on their team sheets.

ACTION SPORTS APP:

We are looking forward to more exciting possibilities that the app will bring in the future.

EQUIPMENT

Balls – the arena will supply the match balls.

Gloves - clean cotton gloves for players with long nails.

Bibs - will be placed on the court and swopped for clean sets at the halfway point of the evening. All arena bibs need to remain on court.



BEFORE EACH GAME

- Register your team's arrival by getting your team to sign your team card at the kiosk. This should be done at least 10 minutes prior to your playing time.
- Check the Game Board (TV) next to the kiosk as to which court your team will be playing on.
- It is the team organizers responsibility to collect your players' fees and make your full team fee payment at the kiosk prior to your game starting time.
- Please give yourself ample time before the game for team payments.
- Teams awaiting a sponsor's payment will be refunded any money paid when we receive the payment.
- ALWAYS keep a copy of your receipts. This is to avoid any confusion should there be a query regarding payment.
- **TEAMS NEED TO SUPPLY THEIR OWN PRACTICE BALLS FOR WARM-UPS.**
- Once again it is the team organizers responsibility to ensure that all fees are paid and written on the duty report before they leave the arena at night.

POINTS SYSTEM

Points are allocated as follows:

- 10 points for paying registration fee before the 3rd round of league games.
- 01 point for paying (or being up to date with) your league fees on the evening.
- 0.5 point per 5 goals scored.
- 4 points for a win
- 2 points for a draw
- 2 points for all team members signing the registration card correctly.
(If at any time management discover any teams forging player's signatures on registration cards all team names will be immediately disqualified for that game. These points will be loaded the next Thursday after your match)
- +average league points if the opposition forfeits a game *(within the team friendly rules, explained below).*
- 0 points if your team forfeits a game.
- -2 points if a team does not confirm their fixture by the Mondays at 16:00.

"FRIENDLY" LEAGUE MATCHES

If your opponent's cannot honor their fixture for the week, the arena can organize opponents for your team. When you have a "friendly" fixture with a team outside of your current league the following rule will come into play:



If your team wins or loses with more than a 6-goal margin your team will receive average log points for that match. If the score is within the 6-goal margin the game will count as a league match.

All “friendly” games are still full fledged games and therefore all teams still need to pay for these matches.

JOIN OUR NEW NEXTGEN ACTION NETBALL RINGERS GROUP

Does your child want to play Action Netball but doesn't have a team?
Or maybe they'd love more game time and extra opportunities to get on court?

We've created a brand-new **NEXTGEN Action Netball Ringers WhatsApp Group** specifically for individual players and their parents!

This group will be used to:

- Find players for teams needing ringers.
- Help individual players find teams.
- Organise friendly matches when league teams can't fulfil fixtures.
- Create brand-new NEXTGEN teams when enough players register in the same age category.
- Share playing opportunities, updates and important information.

Our mission is to get **every child who wants to play onto the court**. Whether your child is a beginner or an experienced player, this group will give them more opportunities to play, make friends, build confidence and become part of the Brackenfell Action Sports family.

Parents are encouraged to join and keep an eye on the group, as playing opportunities can come up at any time.

The more players who join, the more matches we can organise and the quicker we can build new teams!

If your child would like to play Action Netball, this is the best place to start.
Join the NEXTGEN Ringers Group via the link below today and help us get every player into the game!

<https://chat.whatsapp.com/Hn0tNoiVXXrIfCFu3qOMnA>



UMPIRES:

Umpires should show respect for the players, coaches, spectators, and the game itself.

The umpires need to adhere to a strict UMPIRES CODE OF CONDUCT at our Arena.

According to the official Action Netball Rule Book, **a match is only required to have a minimum of one appointed umpire**. While having two umpires is ideal, it is **not a requirement** under the official rules.

Our goal is always to allocate **two umpires** to every game whenever possible, as we believe this provides the best experience for players. However, due to umpire availability, scheduling, and the fact that we are continuously training new officials, there will be occasions where only one umpire is available for a match.

We appreciate your understanding and patience as we continue to grow and develop our umpire team. Please be assured that we will always do our best to provide two umpires whenever staffing allows.

THE UMPIRE'S DECISION ON THE COURT IS FINAL.

No player, coach or spectator is allowed to chirp, abuse, or harass an umpire at Brackenfell Action Sports. Players found guilty of this will be banned from play for a minimum of two weeks depending on the infringement.

We strive to give our umpires the best training and together with the teams we are always looking at bettering the level of the game. As a netball community we encourage positive feedback and constructive criticism. If you as a team or player at any stage, feel that the umpire was not on standard you are welcome to request an umpire feedback form the next day via WhatsApp. A link will be sent to the team captain. The team's name and times will be removed but this feedback will be sent to the umpires.

If you're interested in becoming an umpire at BRACKENFELL ACTION SPORTS please send us a WhatsApp 071 481 9911.

Let's work together and not against the umpires.



BANKING DETAILS:



Banking Details

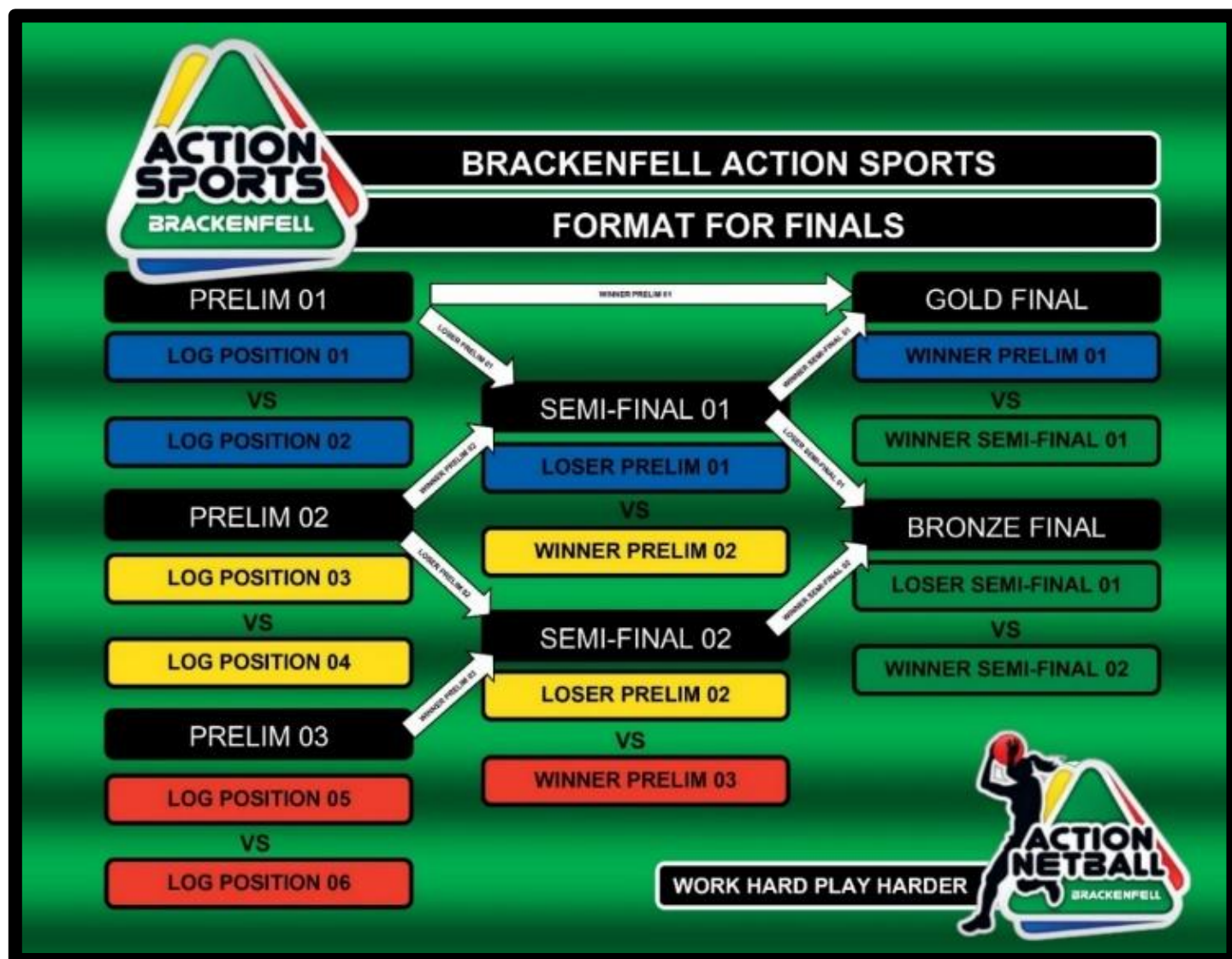
**Action Cricket Cape
Standard Bank
Current Account
271418052**

Reference: Team Name
Please send POP to:
netball@brackenfellarena.co.za



FORMAT FOR FINALS

IF A TEAM CANNOT PLAY ANY OF THE PRELIM, SEMI-FINAL, OR FINAL GAMES THEY WILL FORFEIT THE CHANGE OF A MEDAL.





VISIT OUR WEBSITE TO ENTER YOUR TEAM:

www.brackenfellarena.co.za

ACTION SPORT IS A FAST AND EXCITING GAME IN WHICH A PERSON CAN SUSTAIN AN INJURY. ACTION SPORTS CANNOT BE HELD RESPONSIBLE FOR ANY INJURY SUSTAINED IN AND ABOUT THE PREMISES AND ALL PLAYERS ACCEPT RESPONSIBILITY FOR THEMSELVES AND/OR THEIR CHILDREN IN PARTICIPATING IN THIS GAME.

If you have any questions or queries, please don't hesitate to contact us:

EMAIL: netball@brackenfellarena.co.za

WHATSAPP: 071 481 9911

ADMINISTRATIVE WHATSAPP: 076 060 6625

YOURS IN SPORT

Krynuaw Pieter

KRYNAUW PIETER
 NETBALL CO-ORDINATOR
 071 481 9911 / 021 981 6100
 NETBALL@BRACKENFELLARENA.CO.ZA
 WWW.BRACKENFELLARENA.CO.ZA

ACTION. SPORT. LIFE.

